

## 33rd Annual Shippensburg University Army ROTC 10K Run

9:00 a.m. Saturday, October 6, 2012

Heiges Field House, Shippensburg University

## Proceeds collected will support the Wounded Warrior Project & Shippensburg ROTC Program

- Scenic, well marked course, rolling hills on country roads
- Male Age Grps: 0-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-54, and 55+
- Female Age Grps:0-18, 19-29, 30-39, 40-49, and 50+
- Registration and Entry Fee: \$25.00 / Students \$15.00
- First 150 registered will receive a free T-Shirt
- Same day registration opens at 7:30 a.m.
- Plaques will be awarded to the first Male and Female overall finishers
- Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place finishers in each age category
- Make checks payable to: "Shippensburg University Army ROTC"

## ABOUT WOUNDED WARRIOR PROJECT **Questions or to Volunteer Contact:** Wounded Warrior Project (WWP) is a nonprofit organization whose mission is to honor and empower wounded warriors. Thousands of **CPT** John Crumley wounded warriors and caregivers receive support each year through WWP programs and services designed to nurture the mind and body. (717) 477-1892 or JPCrumley@ship.edu and encourage economic empowerment and engagement. To learn more, visit woundedwarriorproject.org. -Detach and Mail-----ADDRESS NAME AGE SEX T-Shirt Size: Med, L, XL Amount enclosed: Mail to: Race Director, Dept of Military Science, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257